



## LUNCH MENU

Please let staff know if you have any allergies or special dietary needs. (GF) – Gluten Free; (GFO) Gluten Free Option; (V) – Vegetarian; (VG) – Vegan; (N) - Nuts

### Warm Ciabattas

Served with a small salad and homemade coleslaw – brown bread or gluten free bread available

Cheese and pineapple chutney - £5.50 add ham - £6.50 (GFO)

Brie cheese, smoky bacon and a chilli and orange jam - £6.50 (GFO)

Hot beef and mushrooms in a Dijon and cream sauce - £9.25 (GFO)

Chicken, chorizo & aioli - £7 (GFO)

Turkey, cranberry & stuffing - £6.50 (GFO)

### Salads/Light Meals

2 Welsh lamb cutlet marinated in spices with a tzatziki sauce, pitta bread, served with salad & coleslaw - £9.50 (GFO)

Warm salad of chicken, bacon & honey, lime & grainy mustard, mixed leaves & coleslaw - £8.50 (GFO)

Tudweiliog crab, prawn and lemon mayonnaise, balsamic reduction, mixed leaves, coleslaw & bread - £9 (GFO)

Ploughman's – ham, brie & Caerffili cheese, pineapple chutney, bread, small salad & coleslaw - £9 (GFO)

Warm Cajun salmon, cous-cous, salad & aioli - £11.90 (GFO)

Halloumi cheese, beetroot & chickpeas - £8 (GFO)

Salmon, spring onion & coriander fish cakes served with a small salad, coleslaw, sweet chilli sauce - £9 (GFO)

Welsh Rarebit with Cwrw Llyn & local cheddar, on toast with a small salad & coleslaw - £5.50 with ham £6.50

Jacket potato with ham & cheese, small salad & coleslaw - £6 (GFO)

Omelette with cheese, small salad & coleslaw - £5.50 (GFO)

Other fillings available for jacket potato & omelettes

### Extras/Bar snacks

Homemade chips - £3.50 (GF)

Homemade chips with cheese or garlic mayo or chilli sauce - £3.90 (GF)

Sweet potato chips - £3.70 (GF)

Garlic ciabatta - £3.70

Garlic ciabatta with cheese - £3.90

Bowl of olives – £3.90 (GF) (VG)

Extra bread – £1.50

### Starters/Small Plate

Soup of the day; Gwalia bread & Welsh butter - £5 (GFO)

Tequila & lime chicken liver pate; red onion confit; toast - £7 (GFO)

Tudweiliog crab & prawn cocktail with lemon mayonnaise, balsamic reduction & bread - £7.70 (GFO)

King prawns in a sweet chilli sauce served on a soft open taco – £7.70

Chicken strips soaked in buttermilk coated in parsley & breadcrumbs served with apple barbecue sauce – small £7.50 – large £9.90

Menai mussels served with Gwalia bread in either a creamy white wine & parsley sauce OR a coconut chilli & coriander sauce - £8.50 (GFO)

### Mains

Spring greens, parmesan & cream risotto with rocket and a balsamic reduction – £12 (GF)

(add £2 for chicken or king prawns)

Ham, egg & homemade chips with pineapple chutney – small £8.50/large £9.90 (GFO)

10oz Gammon, 2 eggs and chips with pineapple chutney - £11.90 (GFO)

Slow cooked beef & Cwrw Llŷn ale pie, served with mash - £12.90

Creamy Fish Pie - smoked haddock, cod & king prawns topped with cheese mash - £13.50 (GF)

Ballotine of chicken stuffed with leeks & cheddar rolled in bacon; white wine sauce; homemade chips or sweet potato chips - £15.50 (GF)

Lamb burger by the butcher in Edern, small salad in a brioche bap; homemade chips; garlic mayo - £11.90 (GFO)

Steak burger by the butcher in Edern, small salad in a brioche bap, homemade chips, tomato & chilli sauce - £11.50 (GFO)

**With extras at £1.50 each – cheese, onion rings or bacon**

8oz sirloin steak; homemade onion rings; tomatoes & homemade chips - £18.90 (GFO)

8oz rump steak, homemade chips - £15.90 (GF)

**Black-pepper sauce or garlic butter - £2 extra**



## BWYDLEN CINIO

Os oes gennych unrhyw alergedd bwyd neu anghenion deiet arbennig - gadewch aelod o staff wybod. (ODG) – Opsiwn Di Glwten; (DG) – Di Glwten; (LL) – Llysieuol; (VG) – Vigan; (C) - Cnau

### Ciabattas cynnes

Gyda salad bychan a colslo cartref - bara brown neu bara di-glwten ar gael

Caws a picl pinafal - £5.50 ychwanegwch ham - £6.50 (ODG)

Caws Brie, cig moch wedi'i fygu a saws tsili - £6.50 (ODG)

Eidion a madarch mewn saws Dijon a hufen - £9.25 (ODG)

Cyw iar, chorizo ag aioli - £7 (ODG)

Twrci, llugaeron a stwffin - £6.50 (ODG)

### Salad/ Prydau Ysgafn

2 cutlet cig oen o Gymru mewn sbeisys, saws tzatiki, bara pita, salad a colslo - £9.50 (ODG)

Salad cyw iar, cig moch, mel, leim a mwstard graean, colso a deiliach - £8.50 (ODG)

CrancTudweiliog gyda gorgimychiaid mewn mayonnaise lemon, cymysgedd o ddeiliach, colslo a bara - £9 (ODG)

Plowman – ham, caws brie a Caerffili, shytni pinafal, bara, salad bychan a colslo - £9 (ODG)

Salad eog cynnes mewn sbeisys Cajun, salad, cous-cous ag aioli – £11.90 (ODG)

Caws Halloumi wedi ffrio, betys a gwygbyys - £8 (ODG) (V)

Cacennau pysgod eog, coriander a nionyn cynnar, salad bychan, colslo, saws tsili melys - £9 (ODG)

Welsh Rarebit Cwrw Llŷn a caws Llŷn ar dost gyda salad bychan a colso - £5.50 (V) – gyda ham - £6.50

Taten drwy'i chroen gyda ham a caws, salad bychan a colslo - £6 (ODG)

Omelette caws, salad bychan a coleslaw - £5.50 holwch am lenwadau eraill sydd ar gael (ODG)

### Ychwanegol

Sglodion Cartref - £3.50 (DG)

Sglodion cartref a caws neu mayo garlleg neu saws tsili- £3.90 (DG)

Sglodion tatws melys - £3.70 (DG)

Ciabatta garlleg - £3.70

Ciabatta garlleg a caws - £3.90

Powlenad o olewydd - £3.90 (DG) (VG)

Bara ychwanegol – £1.50

### I ddechrau/Plat bach

Cawl y dydd gyda bara Gwalia a menyn o Gymru - £5 (ODG)

Pate iau cywiar, Tequila a leim, confit nionyn coch a bara wedi'i dostio - £7 (ODG)

CrancTudweiliog, gorgimychiaid mewn mayonnaise lemwn, balsamig a bara – £7.70 (ODG)

Taco agored gyda gorgimychiaid mawr a saws tsili melys - £7.70

Darnau o gyw iar mewn bara a persli, colslo, saws barbaciw afal – bach £7.50 – mawr £9.90

Cregyn gleision y Fenai gyda bara Gwalia mewn saws gwin gwyn a persli NEU cnau coco, tsili a coriander - £8.50 (ODG)

### Cinio

Risotto llysiu gwyrdd a persli, hufen, parmesan, berwr Caersalem a balsamig – £12 (DG)

*ychwanegwch £2 os am gywiar neu gorgimychiaid mawr*

Ham, wy a sglodion cartef gyda picl pinafal – bach £8.50 - mawr a 2 wy £9.90 (ODG)

Gammon 10 owns, 2 wy a sglodion cartref gyda picl pinafal - £11.90 (ODG)

Pei Eidion wedi'i goginio'n araf mewn Cwrw Llŷn gyda mash - £12.90

Pei pysgod, hadog wedi'i fygu, penfras a gorgimychiad mawr a mash caws - £13.50 (DG)

Brest cyw iar wedi'i stwffio gyda cenin a caws a'i lapio mewn cig moch; saws gwin gwyn hufenog; sglodion cartref - £15.50 (DG)

Byrgar cig oen gan cigydd Edern a salad bychan mewn bap brioche, sglodion cartref a mayo garlleg - £11.90 (ODG)

Byrgar stec eidion gan cigydd Edern a salad bychan mewn bap brioche, sglodion a saws tomato a tsili - £11.50 (ODG)

**Yn ychwanegol i'r byrgars am - £1.50 yr un – Cylchoedd nionod, caws neu cig moch**

Syrloin 8 owns; cylchoedd nionod cartef; tomato a sglodion cartref - £18.90 (ODG)

Rump 8 owns, sglodion cartref - £15.90 (DG)

**Saws pupur du neu menyn garlleg - £2**